

# Garuda Mantras

ॐ तत्पुरुषाय विद्महे सुवर्ण पक्षाय धीमहि तन्नो  
गरुडः प्रचोदयात्

om tatpurusāya vidmahe  
suvarnapaksāya dhimahi tanno  
garudah pracodayāt

**Meaning – We meditate on Garuda, the Great Soul, the manifestation of Supreme Consciousness. May He, who has golden wings, give me clarity. Oh Garuda, please bring me enlightenment and inspiration.**

गरुड पूजा मंत्र  
वैनतेय महासत्त्व सवपक्षिपते विभो ।  
पगृह्यतां बलिर्देव मंत्रपूतो मयोद्यतः ॥

vainateya mahāsatva sarvapaksipate  
vibho |  
pragrhyatām balirdeva mantrapūto  
mayodyatah ||

**Meaning – O the son of Vinatā, the high-souled one, the lord, the king of all the birds, accept this my best offering.**